



MRE Ready Meals Menu 2006

Notes:

- All Items available in 180g, 220g, 250g, 300g
- OD Green Mil-Spec pouches unless otherwise stated
- Shelf life guarantee: 2 years (Controlled storage extends shelf life, up to 10 years)
- Factory certifications: **HACCP, ISO9000, HALAL**
- All pouches come with quick tear tab for easy access
- Customized menu items are available

Chicken Meals (Halal)
Description
Chicken Rendang with Beriani Rice
Chicken Ala King
Chicken Stroganoff
Chicken Spaghetti Bolognese
Chicken Casserole
Chicken Satay
Chicken Claypot Rice
Chicken with Sautee Potato
Chicken Curry with Potato
Chicken Curry Paste
Chicken Curry Paste with peanuts
Chicken in Tomato Sauce
Chicken in Black Peppers
Chicken Sausage in mashed potato
Chicken Lemak Pasta
Chicken Pongtay Rice
Chicken Balls with Pasta
Chicken Breast with Noodle
Dhall Rice With Chicken (Spicy)
Mushroom Rice with Chicken
Mushroom & Chicken Noodle
Black Pepper Pasta w Chicken
Glutinous Rice with Chicken
Pineapple Rice with Chicken
Pasta with Shredded Chicken
Hainanese Chicken Rice
Japanese Curry Rice with Chicken
Peranakan Style Dumpling (Chicken)
Cabbage Rice w Chicken
Szechwan Chicken
Shredded Chicken Slices with gravy
Sweet and Sour Chicken
Scrambled Egg with Chicken

Beef Meals (Halal)
Description
Beef Stroganoff
Beef Stew
Beef Curry with Potato
Beef Spaghetti Bolognese
Beef Casserole
Beef Balls with Pasta
Beef Satay
Beef with Sautee Potato
Savoury Minced Beef
Roast Beef with Sauce
Stir-fried Beef with Ginger
Baked Beans with Beef
Japanese Curry Rice with Beef

Mutton Meals (Halal)
Description
Mutton Stew
Mutton Curry with Potato
Mutton Rendang with Beriani Rice
Mutton Satay
Mutton Curry Paste
Mutton Curry Paste with Peanuts
Mutton Beriani Rice
Mutton Dhallcha Noodle





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Other Meals (Halal)	
Description	
Fried Noodle	
Fried Mee Goreng	
Fried Pasta	
Fried Seafood Tomato Rice	
Fried Rice	
Fried Noodle	
Fried Vegetable Rice	
Mee Siam (Malay Noodle, Thin)	
Mee Soto (Malay Soup with big potato)	
Plain Rice (Chinese, Short grain)	
Plain Rice (Thai, long grain)	
Buttered Rice	
Beriani Rice (Yellow Rice)	
Clay pot Rice	
Chili Pasta	
Yam Rice	
Nasi Lemak (Malay Coconut Rice)	
Pouched Tuna in water	
Pouched Tuna with light dressing	
Pouched Tuna with Mayonnaise	
Pouched Tuna with Chilli	
Pouched Tuna Flakes	
Oriental Seafood Noodle (Crabstick)	
Dried Shrimp Glutinous Rice	
Baked Beans with sauce	

Soups (Halal)	
Description	
Cream of Chicken Soup	
Cream of Mushroom Soup	
Cream of Asparagus Soup	
Creamy Potato	
Chinese Clear Broil Soup	
Vegetable Soup	
Sweet Corn Soup	
German Potage	
Beef and Potato Soup	
Mutton Soup	

Desserts (Halal)	
Description	
Red Bean Dessert	
Red Bean Paste with Lotus	
Green Bean Dessert	
Green Bean with Barley Dessert	
Ginger Soup	
Barley Dessert	
Peanut Soup with Dates	
Red Bean Paste	
Fruit Cocktail	
Bulot Hitam (Black Porridge)	
Bubur Terigu (Wheat Dessert)	
Yam Paste with Ginko nuts	
Ching Teng (Longan Dessert)	
Sweet Potato Soup with Ginger Jelly	

Gravy / Sauces	
Description	
Mee Siam Sauce	
Mee Rebus Sauce	
Japanese Curry Sauce	
Roast Beef Gravy	
Teriyaki Sauce	
Mutton Curry Gravy	
Chicken Curry Gravy	
Mee Soto Gravy	
Black Pepper Sauce	
Szechuan Sauce	
Rendang Sauce	
Satay Sauce with Peanuts	
Mushroom Sauce	
Chilli Crab Sauce	
BBQ Sauce	





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Accessories (Supplements / Snacks and Utensil)
Description
Biscotti Biscuit
Wheat Biscuit
Cracker Biscuit
Chocolate Biscuit
Vegetable Biscuit
Chocolate Cookies
Chocolate Biscuit
Biscuit Plain
Peanut and Raisin Mix
Dates with honey
Jam
Jelly (pouch)
Lemon Tea (Instant Beverage)
Tang Orange (Instant Beverage)
Instant Walnut Powder
Tea Bag
Coffee / Coffee 3 in 1
Non-Dairy Creamer
Fruit Bar
Fruit Cake
Water purification tablets
Cappuccino Coffee
Instant Oat Flakes
Instant Cereal Mix
Oval tine 3 in 1
Oval tine Tablets
Candies (Assorted)
Salt sachet
Pepper sachet
Sugar sachet
Spoon, fork, knife and serviettes (Pack)
Tissue Paper 1 pkt
Flameless Heaters
Solid Fuels (Hexamine)
Matches
Assorted Instant Noodle
Vitamin tablets (Various)



Entrée pouches (Army Green)



Vacuumed pouches for accessories



Semi-vacuum pouches for accessories



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Standard Pack 1 (HALAL)

1 X Entrée 180g
1 X Rice 200g
1 X Salt, pepper, sugar sachet
1 X Tea bag
1 X Instant beverage (Orange)
1 X Biscuit 60g
1 X Serviette (Wet, non alcohol)
1 X Plastic Spoon



Standard Pack 2 (HALAL)

1 X 300g Entree (Chicken, Beef, Mutton, Vegetarian)
1 X 300g Japanese Rice
1 X 200g Dessert item
1 X 120g Compressed Biscuit
1 X 60g Biscuit
1 X Salt, Pepper
1 X Fork, Knife, Spoon set
1 X Serviette
2 X Hexamine Tablet (Blister pack with plastic board)



Note that all accessories including salt and pepper, biscuits etc. are packed in Mil-Spec pouches. This helps to withstand moist conditions where items will be corroded and soaked. This also assists in withstanding rough handling.

Customize your packs with us!

Write to us at info@goldenseason.com.sg or fax +65 63632478 with your specifications.

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